



FINLEY'S FOOTPRINTS

Babyloss Support, Training and Resources



Babyloss Awareness Training For Professionals

www.finleysfootprints@gmail.com

mel@towards-tomorrow.com



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Thank you for enquiring about our study days. Our study days have been created from a desire to inspire, encourage and support staff working with families that experience the death of a baby. Please e-mail finleysfootprints@gmail.com if you want to request a quote or book a study day.

Who are the study days suitable for?

Our study days are designed to be adapted to meet the needs of any discipline, and lend themselves well for multidisciplinary learning. We can offer general babyloss awareness training, suitable for anyone, as well as study days that meet the needs of specific groups including

- 👣 Midwives and maternity/obstetric staff
- 👣 Nurses - early pregnancy, neonatal, childrens,
- 👣 Student midwives/nurses
- 👣 Doula's
- 👣 Staff working in holistic or talking therapies/mental health
- 👣 Chaplaincy staff
- 👣 Health visitors and childrens services

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Where are the study days held?

We will visit your hospital, workplace or university or community group and hold the study day in a location suitable for you. We need access to a room large enough for up to 35 people theatre style, with break out space for small group work (either space at the edges of the room, or in separate, nearby rooms).

When are the study days available?

Please contact us to discuss availability, if you have dates in mind let us know. We are usually available on Saturdays and Sundays and in school holidays. We can accommodate weekday events with notice.

How much do group bookings cost?

 For professionals (when we use your venue free of charge)

 £900 for one day (approx £25 pp if 35 attend).

£1600 if booking both study days (approx £23 pp if 35 attend).

 For students (when we use your venue free of charge)

£700 per day (approx. £20 per person if 35 attend).

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Babyloss

A Parent's Perspective



£25

"I feel more prepared to deal with loss, in practice and support women in a practical and proactive way."



Improve your understanding of babyloss and the impact on a family.



Develop skills to support the family to make memories with their baby.



Learn about the support services and resources that are available.

Saturday 23rd March 10am til 4.30pm

Probus Village Hall, Truro TR2 4TS

To book www.finleysfootprints.com/events

Babyloss: A Parent's Perspective is a captivating glimpse into parental experiences of Babyloss, at different stages and in different situations. In a gentle, supportive way you will be guided through the spaces in which your profession interacts with parents at such a sad time. You will gain a fantastic understanding of the importance of your role, and how processes, policies, procedures and care can be most supportive to parents. The study day is innovative, using multiple methods to deliver the information. You will leave feeling moved, inspired and equipped to continue to support these families.

Pregnancy After Loss

A Parent's Perspective



£25

"Lots of discussion and personal experience which I will take things from and implement into my practice."



Improve your understanding of the needs, hopes and fears of families pregnant with their rainbow baby.



Explore practical steps you can take to empower the families you support.



Learn about the support services and resources that are available.

Sunday 24th March 10am til 4.30pm

Probus Village Hall, Truro TR2 4TS

To book www.finleysfootprints.com/events

Pregnancy After Loss: A Parent's Perspective is a continuation of the knowledge gained on the first day. This study day helps you to understand how the death of a baby affects families in the years that follow the baby's death. It gives an overview of grieving and how this may affect family planning and throughout pregnancy. Through parental story and experiences you will learn how subsequent pregnancy is challenging, and give consideration to different situations such as multiple losses, and babies requiring neonatal care.

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After attending you will

-  Glimpse the reality of different types of loss situations – through a parent's eyes..
-  Gain an increased understanding of the impact – at the time of the loss and as it affects families in the future.
-  Have considered how adaptations to current processes and pathways may be benefit families in your area.
-  Be better equipped to facilitate informed choice for parents before, during and after loss.
-  Understand how memory making and legacy building can promote healing.
-  Improve your skills to help parents create memories after a loss.
-  Leave feeling inspired about how your role can have a positive impact upon families at this sad time.
-  Have given consideration to how to care for yourself as the professional supporting distressed parents.
-  Discover some of the support on offer from the voluntary sector.
-  Reflect upon how knowledge gained can be applied to practice.

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Pregnancy After Loss A Parent's Perspective



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FINLEY'S FOOTPRINTS

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After attending you will

-  Glimpse the reality of pregnancy and parenting after loss – through a parent's eyes.
-  Gain an understanding of the concerns parents may have when trying to conceive after a loss.
-  Have the opportunity to reflect upon how grief may affect pregnancy after loss.
-  Understand the needs, hopes and fears of families during subsequent pregnancy.
-  Have discussed how the needs of these families can be met in your area.
-  Have an understanding of the ongoing support families may need for example around infertility, multiple loss, and premature babies.
-  Leave feeling inspired about how your role can have a positive impact upon families in this time of change.
-  Discover some of the support on offer from the voluntary sector.
-  Reflect upon how the knowledge gained can be applied to practice.

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"An excellent day, perfectly planned and executed. Very informative. Has definitely given food for thought & I will implement some of the ideas in my own practice."

"I found the day really amazing. A real rollercoaster. So informative and heart breaking but Mel was brilliant. She was so strong throughout and put you at ease, even though she was reliving a very emotional and private time in her life. I really recommend any midwife/birth workers do this day just to have a glimpse at the other side."

"An extremely valuable and thought provoking day, not just for midwives but all healthcare professionals who come into contact with someone who has lost a baby. Mel Scott is a very inspiring individual who puts her all into providing the best and most current information available. There isn't anyone better to deliver this training than Mel, who is a bereaved parent herself."

"I wasn't expecting today to be so helpful for my practice. I really found listening to experiences informative. I struggle to make our baby photos look like photos to be shared & I have ideas on how to improve this."

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"This study day is truly amazing. I feel I have a greater insight as to what my role would be if a stillbirth was to happen in my care. It's been an emotional roller coaster from start to finish - and a huge realisation that there is a big gap for care of women after a stillbirth."

"An absolutely invaluable day. An emotional rollercoaster but an unforgettable insight into a very real event. It was practical and thoughtful and broadened my understanding of care. I feel much better prepared to deal with loss in practice and to support women and their families in a more positive and proactive way in the future. It was a fantastic day."

"I am an aspiring midwife and attended 'Baby Loss – A Parent's Perspective' in Exeter. Your story truly inspired me, I found it very eye opening and informative, as well as a wonderful day! As part of my studies I am carrying out an extended research project (EPQ). After attending this study day I decided I wanted my research project to focus on a midwife's involvement when a woman has a stillbirth or miscarriage,"

"A valuable insight into how parents feel when they lose a baby and how they want to be cared for during this difficult time."

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